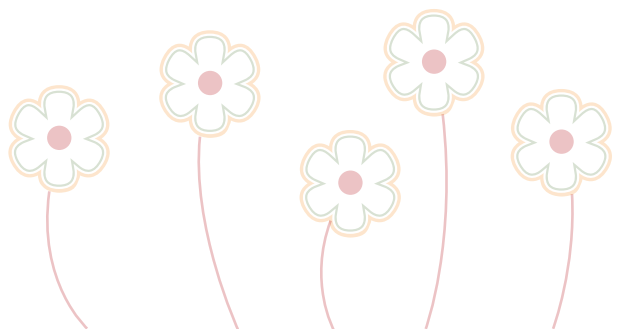
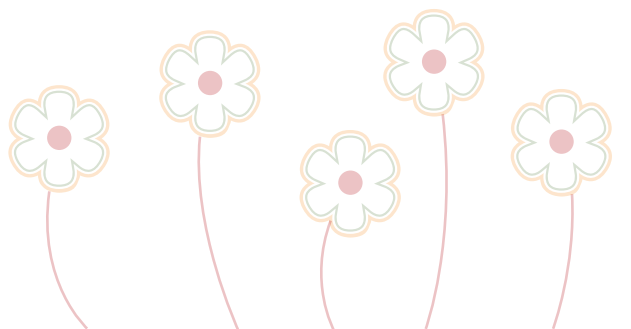


# Childhood Immunizations

## Lesson 5.5





### Lesson Instructions

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**Suitable For:** All clients.

**Time Frame:** Anytime before or after the baby is born.

**Lesson Objective:** To help your client understand the importance of childhood immunizations.

**Instructions:** Show the DVD: *Childhood Immunizations*, and complete the DVD worksheet. At the end of the DVD worksheet, use the discussion question sheet to spur conversations.

**Homework:** Give her the brochure *Childhood Immunizations* and a copy of the homework worksheet.

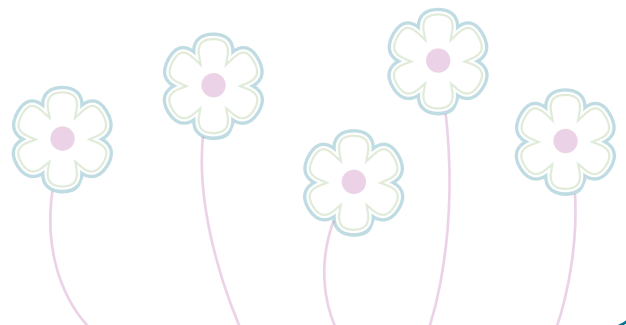
**Supplies:** DVD: *Childhood Immunizations*; Brochure: *Childhood Immunizations*.

**Length of Video:** 29 minutes

**Note:** You do not need to remove the master sheets from the protective plastic to copy. You can copy right through the plastic. Start with the last page first and move forward so your copies will come out in order.



Your client can learn why it is important to vaccinate her children against childhood diseases



### DVD Worksheet

#### Vaccine Safety

A vaccine, like any medicine, could cause serious reactions in some individuals. However, according to the Centers for Disease Control and Prevention, these serious reactions are very rare.

#### A Link to Autism?

Currently there is no scientifically proven link that vaccines may cause autism, according to the American Academy of Pediatrics. And while there are many conspiracy theories, the fact remains that because of vaccinations, children are protected from contracting dangerous diseases. It is important, when considering the health of your child, that you look at the facts from verified scientific research.



Besides making your child miserable, many preventable childhood illnesses can be dangerous.



*The many childhood illnesses that made your parents and grandparents sick are now preventable. Because of vaccinations, our children don't have to get sick with or suffer serious complications from things like chicken pox, measles, whooping cough, or the mumps.*

#### How Vaccinations Work

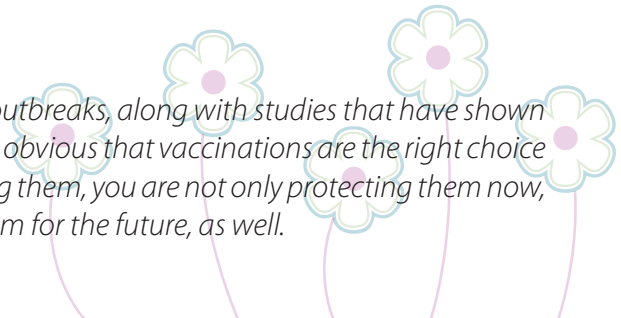
1. Vaccines build up your \_\_\_\_\_ system against future attacks by a disease.
2. Vaccines are made from \_\_\_\_\_, weakened, or partial versions of a pathogen (a bacteria or virus). It isn't strong enough to make you \_\_\_\_\_, but it is strong enough for your immune system to build up antibodies that will protect you against any \_\_\_\_\_ exposures to the disease.

#### Do We Really Need Vaccinations?

Most of the diseases we vaccinate against are now rarely if ever seen here in the United States. However, vaccines are still recommended. Here's why:

3. The diseases, while \_\_\_\_\_, are still around.
4. The diseases can cause serious \_\_\_\_\_ or \_\_\_\_\_ in unvaccinated individuals.
5. Vaccinations are also recommended because, in some cases, there is a \_\_\_\_\_ risk of contracting a different form of the disease later in life. This is the case with \_\_\_\_\_, the adult version of chicken pox. It is very painful and sometimes dangerous or life-threatening.
6. Smallpox was officially wiped out, but other diseases cannot be removed by the continued use of vaccinations. Why is this?

*With the possibility of disease outbreaks, along with studies that have shown vaccines to be safe, it should be obvious that vaccinations are the right choice for your children. By vaccinating them, you are not only protecting them now, but you are also protecting them for the future, as well.*



### DVD Worksheet Key

#### Vaccine Safety

A vaccine, like any medicine, could cause serious reactions in some individuals. However, according to the Centers for Disease Control and Prevention, these serious reactions are very rare.

#### A Link to Autism?

Currently there is no scientifically proven link that vaccines may cause autism, according to the American Academy of Pediatrics. And while there are many conspiracy theories, the fact remains that because of vaccinations, children are protected from contracting dangerous diseases. It is important, when considering the health of your child, that you look at the facts from verified scientific research.



Besides making your child miserable, many preventable childhood illnesses can be dangerous.



*The many childhood illnesses that made your parents and grandparents sick are now preventable. Because of vaccinations, our children don't have to get sick with or suffer serious complications from things like chicken pox, measles, whooping cough, or the mumps.*

#### How Vaccinations Work

1. Vaccines build up your **immune** system against future attacks by a disease.
2. Vaccines are made from **dead**, weakened, or partial versions of a pathogen (a bacteria or virus). It isn't strong enough to make you **sick**, but it is strong enough for your immune system to build up antibodies that will protect you against any **future** exposures to the disease.

#### Do We Really Need Vaccinations?

Most of the diseases we vaccinate against are now rarely if ever seen here in the United States. However, vaccines are still recommended. Here's why:

3. The diseases, while **rare**, are still around.
4. The diseases can cause serious **illness** or **death** in unvaccinated individuals.
5. Vaccinations are also recommended because, in some cases, there is a **high** risk of contracting a different form of the disease later in life. This is the case with **shingles**, the adult version of chicken pox. It is very painful and sometimes dangerous or life-threatening.
6. Smallpox was officially wiped out, but other diseases cannot be removed by the continued use of vaccinations. Why is this?

***Because they hide in animals and then reemerge to infect humans. Many are transmitted by mosquitos.***

*With the possibility of disease outbreaks, along with studies that have shown vaccines to be safe, it should be obvious that vaccinations are the right choice for your children. By vaccinating them, you are not only protecting them now, but you are also protecting them for the future, as well.*

### Discussion Questions

#### So Many Shots for Babies!

You may wonder whether it is really safe for babies to receive so many vaccinations. Can their young immune systems handle it?

The answer? Yes.

In fact, studies have shown that they can handle receiving many immunizations at once, and even more than what they currently get.

The immunity they receive from their mom is only *temporary* and does *not* protect against debilitating and life-threatening diseases such as polio, hepatitis B,



#### Immunization Record

Make sure you always keep the immunization record you receive at the hospital for your child. Take it to every well-baby appointment so the nurse can keep it up-to-date. If you don't have an immunization record for your child, ask your doctor for one.



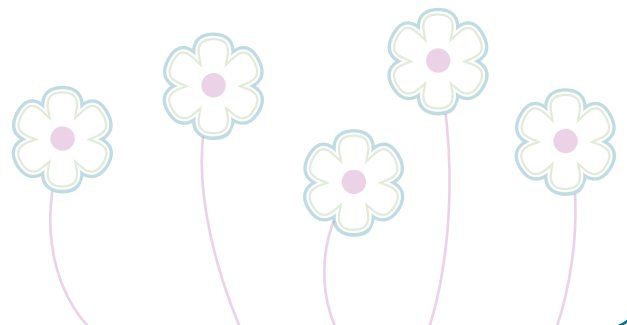
Use the questions below to reinforce the lesson objectives and learn more about your client. This page does not need to be copied or given to the client. It is for reference for the client advocate. Use the questions as they fit your client.

**1. Although vaccines have saved millions of lives, what do some people fear about them?**

**2. Are you afraid to vaccinate your own children? If so, why?**

Other points you may share with your client:

1. Immunizations will not only protect her child from becoming ill now, but also from becoming ill as an adult, when these illnesses can often be much more dangerous.
2. Some childhood illnesses can lead to even more serious health problems. For example:
  - Whooping cough in infants can lead to pneumonia, seizures, or brain damage.
  - Measles can lead to pneumonia and encephalitis. (According to the Mayo Clinic, about 1 in 1,000 develop this inflammation of the brain, which may cause vomiting, convulsions, and rarely, coma or even death.)
  - The Mumps can lead to meningitis (fluid around the brain and spinal cord), hearing loss (rarely), or inflammation of the brain.



## Homework

### Managing Pain and Discomfort

Most vaccines have little to no side effects. Most babies may have some discomfort at the vaccination site. This is because the serum injected into the muscles causes displacement of the muscle and slight inflammation due to an immune response. This is normal.

If your doctor agrees, give your child an age-appropriate pain reliever before the shot.

Your doctor will also provide you with an information sheet that will tell you about any potential serious side effects.

Read the brochure *Childhood Immunizations*, and answer the following questions:

1. Why do we still need vaccinations today?
2. What is a childhood disease is no making a comeback here in the United States?
3. Why have cases of measles increased since the year 2000, when it was considered "eliminated" in the United States?

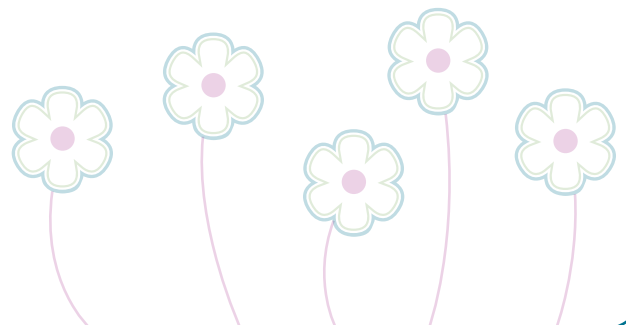
4. After reading at the "Recommended Immunization Schedule Ages Birth to 6 Years Old" in the *Child Immunizations* brochure, answer the following questions:

How old is your child? \_\_\_\_\_

What immunizations should he/she have had by now?

Is your child up-to-date on all of his/her immunizations? \_\_\_ yes \_\_\_ no

If you answered no, why not?



**Earn While You Learn** **Introduction**

Earn While You Learn Curriculum  
By Debi Mankin  
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Dear Friend:  
The CPC ministry has shifted over the years. Before it was seen as primarily for  
abortion interventions, but we now see the awesome opportunity to develop  
relationships with the young women who come to our center.  
One of the most exciting developments has been the Earn While You Learn  
program. It allows us to provide for physical needs yet require that our cli-  
ents "earn" what they buy through learning. Because the client meets weekly  
with the same class advocate, a meaningful relationship often develops. It  
is through these relationships that the Gospel of Jesus can be felt, seen, and  
heard.  
Every center that has put this program in place has experienced growth, both  
in numbers and in relationships. The challenge of this program, however, is  
to have enough lessons, with homework, to take a young woman through  
months, even years of a relationship with your center.  
This curriculum is the answer to that problem. I originally developed the  
lessons for my clinic. As I spoke to other centers, I realized how desperately  
they needed it. This curriculum, in module form, is the result of much effort  
and planning. Because I originally wrote it for use in my clinic, it is very user-

Immunizations can help to keep your child healthy both now and in the future.



### Homework Key

#### Managing Pain and Discomfort

Most vaccines have little to no side effects. Most babies may have some discomfort at the vaccination site. This is because the serum injected into the muscles causes displacement of the muscle and slight inflammation due to an immune response. This is normal.

If your doctor agrees, give your child an age-appropriate pain reliever before the shot.

Your doctor will also provide you with an information sheet that will tell you about any potential serious side effects.



Immunizations can help to keep your child healthy both now and in the future.



Read the brochure *Childhood Immunizations*, and answer the following questions:

1. Why do we still need vaccinations today?

***Because childhood illnesses still exist.***

2. What is a childhood disease is no making a comeback here in the United States?

***Measles.***

3. Why have cases of measles increased since the year 2000, when it was considered “eliminated” in the United States?

***Because parents are afraid to vaccinate or are delaying vaccinating until their children are older.***

4. After reading at the “Recommended Immunization Schedule Ages Birth to 6 Years Old” in the *Child Immunizations* brochure, answer the following questions:

How old is your child? \_\_\_\_\_ (***answers will vary***)

What immunizations should he/she have had by now:

***(answers will vary)***

Is your child up-to-date on all of his/her immunizations? \_\_\_yes \_\_\_no

If you answered no, why not?

***(answers will vary)***

